

## Programme & Fees

Squad	Registration Fees	Competition with Estimated Additional Costs (not included in registration fees)	Optional Tournaments / Travel
19U – National Championship League (NCL)Birth Years: 1999-2001Coach: Gyula TothAthletes require strong swimming and water polo skills and must have a high level of commitment.Athletes require strong swimming and water polo skills and must have a high level of commitment.Athletes will participate in the National Championship League that is run by Water Polo Canada in support of the high 	\$1400	Additional Cost \$2000-\$3000 NCL involves travel within Western Canada Oct- May for weekend competitions (Thurs-Sun) against other Western teams as well as one crossover weekend with Eastern teams and National Finals. Schedule TBD mid-October. Based on 2016-2017 season, there will be trips to Regina, Surrey, and Edmonton with Western Finals in May 2018. Top two teams from that tournament go to National Finals (location TBD). Travel to joint training sessions with Edmonton Tsunami WPC will be required roughly once per month. NCL costs will be estimated when the schedule is finalized and paid in 3 installments. Final adjustments will be based on actual costs. Statements will be issued after each travel weekend is completed.	OPTIONAL: Alberta Water Polo Association (AWPA) Youth League for athletes (born in 2003-2000) who are interested in recreational game competition. \$250/team divided amongst interested athletes.
<ul> <li>16U – National Championship League (NCL)</li> <li>Birth Years: 2002-2003</li> <li>Coach: Gyula Toth Athletes require strong swimming and water polo skills and must have a high level of commitment. Athletes will participate in the National Championship League that is run by Water Polo Canada in support of the high performance Long Term Athlete Development Program. Age bracket for NCL participation in 16U category is 2002-2005. LTAD Alignment — Competitive Foundations &amp; Train to Compete</li></ul>	\$1400	Additional Cost \$1500-\$2000 NCL involves travel within Western Canada Oct- May for weekend competitions (Thurs-Sun) against other Western teams as well as one crossover weekend with Eastern teams and National Finals. Schedule TBD mid-October. Based on 2016-2017 season, there will be trips to Regina, Surrey, and Edmonton with Western Finals in May 2018. Top two teams from that tournament go to National Finals (location TBD). NCL costs will be estimated when the schedule is finalized and paid in 3 installments prior to travel. Final adjustments will be based on actual costs. Statements will be issued after each travel weekend is completed.	OPTIONAL: Possibility of travel to the USA for joint training with high performance clubs in California or Florida, depending on athlete commitment. Alberta Water Polo Association (AWPA) Youth League for athletes (born in 2003-2000) who are interested in recreational game competition. \$250/team divided amongst interested athletes. Estimated \$65 Alberta Open Fee (Mar/18)
<ul> <li>14U – Western NCL, City &amp; Provincial Leagues</li> <li>Birth Year: 2004-2005</li> <li>Coach: Benji Brunner</li> <li>Athletes in this age group will participate in the Alberta Water Polo Association's (AWPA) Provincial League. Additionally athletes will participate in 'Calgary City League' games as</li> </ul>	\$1300	Additional Cost \$200-\$600 City League & Provincial League costs are included in registration fees. Additional cost primarily for NCL Western Finals (top four finish in Provincial League), but also includes AB Open tournament fee. Costs will be estimated mid-season based on	OPTIONAL: Possibility of travel to other cities in Canada and/or the USA for joint training with high performance clubs in California or Florida, depending on athlete commitment. HabaWaba Weekend Event for



Squad	Registration Fees	Competition with Estimated Additional Costs (not included in registration fees)	Optional Tournaments / Travel	
well as inter club scrimmages to enhance their game play practice in preparation for Provincials. Age bracket for NCL participation in 14U category is 2004-2006. LTAD Alignment — Competitive Foundations		results and Western Finals location and paid in 3 installments prior to travel. Final adjustments will be based on actual costs. Statements will be issued after each travel weekend is completed.	6-14 year olds to be held in Calgary in 2018. Cost & schedule TBD.	
12U City & Provincial Leagues	\$650	Additional Cost \$65	OPTIONAL:	
Birth Years: 2006-2007 Coach: Bojan Glisic Athletes in this age group will participate in the Alberta Water Polo Association's (AWPA) Provincial League. Additionally athletes will participate in 'Calgary City League' games as well as inter club scrimmages to enhance their game play practice in preparation for Provincials. LTAD Alignment — Technical Foundations		City League & Provincial League costs are included in registration fees. Additional cost for Alberta Open tournament fee.	Possibility of travel to other cities in Canada for joint training with high performance clubs in BC or Saskatchewan, depending on athlete commitment. HabaWaba Weekend Event for 6-14 year olds to be held in Calgary in 2018. Cost & schedule TBD.	
10U City League & Pup Fests Birth Years: 2008-2009 Coach: Bojan Glisic Athletes in this age group will participate in the 'Calgary Community League' Pup Fests that are scheduled throughout the season (usually 1 day on a weekend). LTAD Alignment — FUNdamentals	\$650	City League & Pup Fest costs are included in registration fees.	OPTIONAL: HabaWaba Weekend Event for 6-14 year olds to be held in Calgary in 2018. Cost & schedule TBD.	
Two-Week Trial ALL AGES Athletes wanting to give water polo a try before registering can join as many practices as they like during a two-week trial.	\$25	If an athlete registers after the trial the \$25 is deducted from the registration fees owing.		



#### Training Schedule

*All practices are in the afternoon or evening at Repsol Centre unless otherwise indicated	MON No Practice	TUE	WED	THU	FRI	SAT	SUN	TOTAL HRS/WK Registration Fee
19U Head Coach: Gyula Asst Coach: Benji		8:00 – 10:00 Dryland & Pool		8:00 – 10:00 Dryland & Pool		2:30 – 5:30 Dryland & Pool	2:30 – 4:30 Dryland & Pool	9 hrs \$1400
16U Head Coach: Gyula Asst Coach: Benji		8:00 – 10:00 Dryland & Pool		8:00 – 10:00 Dryland & Pool		3:00 – 6:00 Dryland & Pool	2:30 – 4:30 Dryland & Pool	9 hrs \$1400
14U Coach: Benji Head Coach attending most practices		8:00 – 10:00 Dryland & Pool		8:00 – 10:00 Dryland & Pool Seawolves Enhanced Training		4:00 – 6:00 Dryland & Pool Seawolves Enhanced Training	2:30 – 4:30 Dryland & Pool	8 hrs \$1300
12U / 10U Coach: Bojan Head Coach attending two practices per week			6:30 – 8:00 Pool		7:00 – 8:00 Pool	4:00 – 5:30 Dryland & Pool Seawolves Enhanced Training		4 hrs \$650

NOTES re changes from 2016-2017 Season based on athlete and parent feedback:

- U16/U19: fewer practices per week but some practices extended for a total of 0.5 hr more training per week.
   There will also be weight training introduced into the dryland practice component. No more practices on
   Friday nights. Fees increased by \$100. Possible joint training with Storm.
- U14: same number of practices per week but some practices extended for a total of 1.5 hr more training per week. Fees remain the same as last season. Possible joint training/scrimmages with Calgary teams & Storm.
- U12/U10: all pool times now at Repsol. Fees reduced by \$125. Possible joint training/scrimmages with Calgary teams. Pool times Sunday evenings at Repsol for City/Community League. See Competition Schedule.
- Seawolves Enhanced Training Sessions for Seawolves athletes who want to join Wild Athletes for a high performance training session.



### Competition Schedule (estimated availability of game schedules is mid October)

Squad	League	Date / Location
19U	Water Polo Canada (WPC) National Championship League (NCL)	Announced by WPC mid-Oct 2017. Typically trips to Regina, Surrey, and Edmonton for NCL weekends. Western Finals outside of Calgary. Finals outside of Calgary
16U	Water Polo Canada (WPC) National Championship League (NCL)	To be Announced by WPC by mid-Oct 2017. Typically trips to Regina, Surrey, and Edmonton for NCL weekends. Western Finals outside of Calgary. Finals outside of Calgary
14U	Alberta Water Polo Association (AWPA) Provincial League Calgary Community or City League Haba Waba Festival	To be Announced by AWPA mid-Oct 2017. Typically trips to Okotoks, Edmonton, and Innisfail Calgary Community or City League every Sunday evening starting in October. Schedule TBA Haba Waba in Calgary. Schedule TBA
12U	Alberta Water Polo Association Provincial League Calgary Community or City League Haba Waba Festival	To be Announced by AWPA mid-Oct 2017. Typically trips to Okotoks, Edmonton, and Innisfail Calgary Community or City League every Sunday evening starting in October. Schedule TBA Haba Waba in Calgary. Schedule TBA
10U	Calgary Community or City League Haba Waba Festival	Pup Fests typically scheduled throughout the season for 1 day on weekends. Schedule TBA Opportunity for 10Us to play up in City & Provincial Leagues with 12Us Haba Waba in Calgary. Schedule TBA



### **Volunteer & Fundraising Requirements**

Squad	Volunteer Mandatory Participation as a Volunteer at League (City or Provincial) and/or NCL Games. This can be as a minor official, gate monitor, videographer, or hospitality room supervisor. Hospitality Room donations may also be needed. Additional Volunteer Assistance as requested: Trip Chaperone, Board Positions, Squad Managers, web master, etc. (see Handbook)	Bingo Shifts per Family (changed from per athlete in 2016-2017 season)	Casino Shifts per Family Date: August 7/8, 2017	Fundraising
19U	NCL Games: minimum 2 shifts per games squad plays (approx. 6-8 shifts per weekend). Positions include minor official, gate monitor, videographer, and hospitality room supervisor			
16U	NCL Games: minimum 2 shifts per games squad plays (approx. 6-8 shifts per weekend). Positions include minor official, gate monitor, videographer, and hospitality room supervisor	2-3 Bingo Shifts PER FAMILY		
14U	<ul> <li>NCL Games: minimum 2 shifts per games squad plays (approx. 6-8 shifts per weekend). Positions include minor official, gate monitor, videographer, and hospitality room supervisor</li> <li>Provincial Games: minimum 2 shifts per games squad plays (approx. 6-8 shifts per weekend). Same positions as NCL but no videographer</li> <li>City or Community Games: minimum 2 shifts per month that Wild is considered the host team. Minor officiating only</li> </ul>	ns include er, and numbers in September. Any shift worked after your required shifts are credited to your travel account at \$85/single shift to be used toward travel credits (eg: Provincial League travel costs, NCL travel). If you do not work your assigned bingo shifts, you		Participate in 1-2 Fundraising activities per year to raise a minimum of \$150/year via 60/40, Wine or other raffles, Grocery card fundraising, etc. Buyout is \$200 per family
12U & 10U	Provincial Games: minimum 2 shifts per games squad plays (approx. 6-8 shifts per weekend). Same positions as NCL but no videographer City or Community Games: minimum 2 shifts per month that Wild is considered the host team. Minor officiating only	will be charged \$110/shift		